

## ***Becoming All You Can Be***

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*With grace and vulnerability, Anela Arcari takes us on a journey through her extraordinary life, offering powerful lessons on resilience, self-awareness, and the courage to shine. **Becoming All You Can Be** is a beacon of light for anyone wanting a life filled with joy and purpose.*

*—Marci Shimoff, #1 New York Times Bestselling Author  
Happy for No Reason and Chicken Soup for the Woman's Soul*

## ***Are You Ready to Be All You Can Be?***

Anela grew up in a military family and spent several years living outside the United States. Upon moving back to America at the beginning of eighth grade, she found herself an outsider in her culture of origin. Her unique travel experiences, childhood traumas, and military service as an adult formed and inspired her into becoming all that she can be.


Come along with Anela as she shares inspiring personal stories that include invaluable lessons she learned along the way. Each story empowers you to be the best version of yourself and to shine your unique light in the world.

Through these heartfelt, relatable stories you will learn:

- How to cultivate resilience, courage, and self-awareness in pursuit of becoming all you can be
- The importance of embracing change and your authentic self on the journey to personal fulfillment
- The transformative power of storytelling in personal growth and development
- To launch your own journey of stories through guided exercises

If you or someone you know feels like you do not fit in or you are not enough, then Anela Arcari's journey of *Becoming All You Can Be* is for you!


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## **ABOUT THE AUTHOR**

**Anela Arcari** is a combat engineer veteran with twenty-eight years of service turned intuitive, mystical coach. A two-time Amazon bestselling contributing author and executive producer, Anela is a highly recommended and sought-after leadership and personal growth coach, speaker, and mentor. Anela holds a MS in Education (Leadership Development and Counseling) and is a National Certified Counselor (NCC).